CLAIMS

What is claimed is:

1	1.	A suspension for use with a vehicle which travels in a longitudinal direction, the		
2	susp	suspension comprising:		
3		a lower fork tube;		
4		an upper fork tube slidably coupled to the lower fork tube, wherein one of the fork tubes		
5	is dis	is disposed partially within the other; and		
6		a fork bottom coupled to the lower fork tube and having different stiffness in the		
7	long	longitudinal direction than in a lateral direction generally perpendicular to the longitudinal		
8	direc	direction.		
1	2.	The suspension of claim 1 wherein:		
2		the longitudinal stiffness is greater than the lateral stiffness.		
1	3.	The suspension of claim 2 wherein the fork bottom comprises:		
2		a substantially semi-cylindrical fork bottom body.		
1	4.	The suspension of claim 3 wherein the fork bottom further comprises:		
2		means for adjusting a lateral stiffness of the fork bottom body.		
1	5.	The suspension of claim 4 wherein the means for adjusting comprises:		
2		a tension cable having a lower end coupled to a lower end of the fork bottom body and an		
3	uppe	upper end coupled to an upper end of the fork bottom body; and		
4		the fork bottom body including a fulcrum over which the tension cable is stretched.		
1	6.	The suspension of claim 5 wherein the means for adjusting further comprises:		
2		a threaded adjuster coupled to the tension cable for adjusting tension on the tension cable.		
1	7.	The suspension of claim 4 wherein the means for adjusting comprises:		
2		a tension rod having a lower end coupled to a lower end of the fork bottom body and an		
3	uppe	upper end coupled to an upper end of the fork bottom body, whereby at least one of tension and		
4	press	pressure may be applied to the fork bottom by the tension rod.		

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1	8.	The suspension of claim 2 further comprising:
2		a fulcrum coupled to the fork bottom; and
3		a tension cable coupled to the fork bottom and placed under tension against the fulcrum
4	to imp	art lateral pressure against the fork bottom.
1	9.	The suspension of claim 2 wherein:
2		the lower fork tube is disposed within the upper fork tube.
1	10.	The suspension of claim 2 further comprising:
2		the vehicle.
1	11.	The suspension of claim 10 wherein the vehicle comprises:
2		a two-wheeled vehicle.
1	12.	The suspension of claim 11 wherein the two-wheeled vehicle comprises:
2		a motorcycle.
1	13.	A two-wheeled vehicle comprising:
2		a frame including a steering tube;
3		an upper triple clamp rotatably coupled to the steering tube;
4		a lower triple clamp rotatably coupled to the steering tube;
5		a pair of sliding tube forks coupled to the triple clamps;
6		a wheel assembly including an axle; and
7		a pair of fork bottoms coupling the forks to the axle, wherein the fork bottoms have
8	differe	nt stiffness in a longitudinal direction of travel of the motorcycle than in a lateral direction
9	substantially parallel to the axle.	
1	14.	The two-wheeled vehicle of claim 13 wherein:
2		the stiffness in the longitudinal direction is greater than the stiffness in the lateral
3	direction.	
1	15.	The two-wheeled vehicle of claim 14 wherein at least one of the fork bottoms comprises:
2		a fulcrum; and

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3		a tension cable stretched over the fulcrum, placing the fork bottom under end-to-end	
4	tension such that the fulcrum provides side-to-side pressure on the fork bottom to increase		
5	sidewa	ys stiffness of the fork bottom.	
1	16.	The two-wheeled vehicle of claim 15 wherein the at least one of the fork bottoms further	
2	comprises:		
3		an adjuster for changing tension on the tension cable to adjust the sideways stiffness of	
4	the fork bottom.		
1	17.	The two-wheeled vehicle of claim 16 wherein:	
2		both of the fork bottoms comprise a fulcrum, tension cable, and adjuster.	
1	18.	The two-wheeled vehicle of claim 17 wherein the two-wheeled vehicle comprises:	
2		a motorcycle.	
1	19.	The two-wheeled vehicle of claim 14 wherein:	
2		the fork bottoms extend beyond an outer diameter of the wheel assembly.	
1	20.	The two-wheeled vehicle of claim 14 wherein:	
2		the fork bottoms are longer than inner sliding tubes of the forks.	
1	21.	A method of adjusting side-to-side flex of a two-wheeled vehicle suspension, the	
2	suspension including a sliding tube fork coupled to a fork bottom, the method comprising:		
3		adjusting end-to-end tension on a tension cable which is coupled to both ends of the fork	
4	bottom	and stretched over a fulcrum between the ends of the fork bottom;	
5		whereby side-to-side pressure exerted by the tension cable on the fulcrum, and by the	
6	fulcrum on the fork bottom, is adjusted.		
1	22.	The method of claim 21 wherein adjusting the tension on the tension cable is	
2	accomplished by:		
3		turning a threaded tension adjuster which couples one end of the tension cable to the fork	
4	bottom.		

1	23.	A fork bottom comprising:
2		a body having different longitudinal stiffness than lateral stiffness;
3		means at an upper end of the body for coupling to a fork tube;
4		means at a lower end of the body for coupling to an axle;
5		means at the upper end of the body for coupling to an upper end of a tension cable;
6		means at the lower end of the body for coupling to a lower end of the tension cable; and
7		a fulcrum substantially in a middle of the body.
1	24.	The fork bottom of claim 23 wherein:
2		the longitudinal stiffness is greater than the lateral stiffness.
1	25.	The fork bottom of claim 24 further comprising:
2		the tension cable.
1	26.	The fork bottom of claim 25 wherein the fulcrum comprises:
2		means for positioning the tension cable.
1	27.	The fork bottom of claim 25 further comprising:
2		an adjuster coupled to the upper end of the tension cable and to the upper end of the
3	body,	for adjusting tension on the tension cable.
1	28.	The fork bottom of claim 23 further comprising:
2		a lower fork tube integrally formed with the body.